



Literacy



Math



Science

Family Buzz | September 2023



## A NOTE FROM KELLI HILBURN

PROGRAM ADMINISTRATOR

September is here, giving us our first taste of Fall. It's an exciting time as established routines provide us with a little comfort before the busy holiday season arrives. September is also [Baby Safety Month](#), which provides a great opportunity to discuss family safety.

Better Beginnings understands safety is always a priority for families. It's important to us, too, and we want to help you navigate it. Check out our family safety [resource](#) with tips on creating rules that keep the whole family safe. Keep reading to see this resource and more [safety tips](#).

Don't overlook our [math](#) resources that can help you teach core math concepts through play-based learning at home and fun upcoming events for the whole family.

We're excited to share these resources with you, but you can find more on the Better Beginnings website. Our [Family Resource Library](#) is available 24/7 and is full of fun, play-based activities that will have your child [reaching for the stars](#). Check it out today!

Until next time,

*Kelli Hilburn*

**Kelli Hilburn**  
BETTER BEGINNINGS PROGRAM ADMINISTRATOR  
DIVISION OF CHILD CARE AND EARLY CHILDHOOD EDUCATION



JOIN US IN OUR GOAL THIS YEAR TO  
**REACH FOR THE STARS**  
CLICK TO LEARN MORE







we will secure that with a rubber band.

**PLAY,  
LEARN,  
EXPLORE**



## Sorting Sacks & Similar Stuff

Sorting and organizing like items into categories is a vital math concept for children to learn. Use this resource to make learning this concept fun.

[View Resource](#)





# ADDITIONAL RESOURCES



## Family Rules for Safety

As children grow, they start exploring more of the world around them and increase their independence. It's important to help create skills and guidelines around them that will keep them safe. Use the tips found in our Family Rules for Safety resource, linked below, to do just that.

[Family Safety Resource](#)



## Car Seat Safety Tips

Keep your child safe while riding in the car with these tips from the American Academy of Pediatrics. You'll find tips on choosing the best car seat, how to properly install car seats, and answers to frequently asked questions with the link below.

[Learn More](#)



## **Keeping Our Children Safe: Prevention is Key** **September 12, 6 p.m.**

This class, taught by [Child Care Aware of Northwest Arkansas](#) over Zoom, teaches families how to prevent harm to children and helps families to understand what we can do to support and keep children safe. Use the link below to register.

[Register](#)

## **Arkansas PBS Family Day 2023** **September 30 and October 14**

Families are invited to join Arkansas PBS and popular PBS characters at one of two FREE Family Day events. Under the theme "*I for Imagination*," each event will feature fun, educational activities that are sure to nurture creativity and learning in children. The first Family Day event will take place at the Arkansas PBS studios at the University of Central Arkansas campus on Saturday, September 30. Families in



Northwest Arkansas will have the opportunity to participate in this event on Saturday, October 14 at The Jones Center in Springdale. Visit the Arkansas PBS website for more information.

Learn More

# WHAT IS BETTER BEGINNINGS?

Better Beginnings means better opportunities. Investing in quality child care for all Arkansas children creates better opportunities for our children, families, workforce, and communities.

Visit our Website



FOLLOW US FOR MORE RESOURCES



Better Beginnings is Arkansas' tiered quality rating improvement system for child care, early education, and school-age programs that have gone above and beyond the state minimum requirements. Better Beginnings is administered by the Arkansas Department of Education and Office of Early Childhood.



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