



## **BETTER BEGINNINGS OFFERS RESOURCES TO PREP KIDS' WRITING SKILLS**

### **CELEBRATE NATIONAL HANDWRITING DAY WITH FUN ACTIVITIES TO DEVELOP YOUR CHILD'S FINE MOTOR SKILLS**



*Better Beginnings encourages families and providers to work on children's fine motor skills to prepare them for writing as part of National Handwriting Day.*

**LITTLE ROCK, Ark.** (January 17, 2022) – [Better Beginnings](#), a program of the Department of Human Services Division of Child Care and Early Childhood Education, has resources for families and providers to help their children develop the fine motor skills they need to be successful writers.

This is a way for families and providers to mark National Handwriting Day, which is Sunday, January 23.

"Before a child can properly hold any writing instrument, they must build up the necessary muscles in their hands and fingers," said Kelli Hilburn, Better Beginnings Program Administrator. "That takes practice."

There are many activities children can do to build those fine motor skills. The activities provided by Better Beginnings are built around play because that is how children learn. These activities include:

- Shaping and rolling playdough.
- Threading and tweezing activities.
- Using a clothes pin to pick up objects.

The "Making Their Mark" [resource](#) from the Better Beginnings [Family Resource Library](#) has more details on a child's journey to writing. The resource is also available in [Spanish](#).

For more resources like these to help your child learn through play or for help on finding quality child care in Arkansas follow Better Beginnings on [Facebook](#), [Instagram](#) and [Twitter](#) or visit [arbetterbeginnings.com](http://arbetterbeginnings.com).

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**About Arkansas Better Beginnings:**

[Better Beginnings](#) is Arkansas's tiered quality rating improvement system for child care, early education and school-age programs that have gone above and beyond the state minimum requirements. Better Beginnings is administered by the [Arkansas Department of Human Services Division of Child Care and Early Childhood Education](#). Better Beginnings connects Arkansas families with the information and care that helps children experience a safe, happy and healthy childhood.