Family Buzz | November 2024





A NOTE FROM KELLI HILBURN

PROGRAM ADMINISTRATOR

As we enter the season of family gatherings, holiday foods and earlier nightfall, we hope you enjoy time cozied up with your children sharing a book or a story. It can be challenging to find the time, but moments like these are so rewarding. They build bonds and make memories that last a lifetime.

Reading with your child also boosts their language development and encourages them to **reach for the stars**. The **literacy** resources we've included in this edition of the*Buzz* have activities you can do at home to nurture your child's development Sign up for **Dolly Parton's Imagination Library** to create your own at-home library. As you keep reading, you'll also see this month's kindergarten readiness tip and outdoor play safety tips.

Joy is often found in the quiet moments we spend with those we love. I hope you're able to make the most of family time this holiday season.

Until next time,

Keei Hilburn

Kelli Hilburn BETTER BEGINNINGS PROGRAM ADMINISTRATOR OFFICE OF EARLY CHILDHOOD







Why does reading with your child for<u>10 minutes</u> every day matter? It helps them discover the magic of books. Watch the video below then sit down with your child to read their favorite book.





LEARNING RESOURCES







Boost Your Baby's Language Development

The best way to boost a baby's language development is to talk to them! Tell them what's happening around them, repeat their babble, read to them, or try the other activities described in this resource to get your baby talking.

Simple Ways to	Advance Your	🛑 🎓 😇 法 better beginnings
Toddler's Brain	have all the answers. If you do 3. Forget about "It." Instead of using "It." use the w places and things. 4. Read books together.	conversation started. or day and ask about his. d conversation. ma. m. Mest may be "why."You don't have to
	him to tell you the story. 6. Play with your toddler. Ruytine to your time to ito and blue. Make comparison 7. Sing and dance. Sing song with words that h More story program of the story 8. Pretend with your child. Have a too party with her out in the yand to play. Make upo 9. Ge on a treasare heat.	nin to lafk to jou about what has sees. Ask moduce works, User-Society frame, youn," The management of the second second second second meta second second second second second second data second second second second second second data second second second second second second second second second second second second second data second s
	ibrary. You'll find activities and tip Beginnings.com • 1-	ps to help you prepare your child for life. 501-682-8590
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Advance Your Toddler's Brain Development

Children are constantly learning something, whether it's new words or how to have a conversation. This resource is full of simple activities you can do throughout the day that can help your toddler's brain make important connections.

Open the doors to learning and adven to your local library. Membership is us children can select fram hundreds of b	ually free and TALK about the book tooks. READ the story with 1	before, during and after reading lunny voices or gestures is story or making something together
Stone Soup by Marcia Brown	Booking and Ceeking Suggest to your child that you make stone your together.	Make a shopping list together. Children enjoy imitating adults. Your child may want to make his own list.
	Discuss the steps to make the soup and ask your child questions. Mhet vegetables went into the acup in the book?	Go to the store together. Let your child help select the vegetables and prepare the soup. As you work, talk about story. When the towelers good people or cheaters?
In this classic story, hungy involvers come to a village. They have nothing but an empty cosiking pot. Find out how the cleven traveless get the villagen to downte flood to make "stane supp"	Ask your child is point out the vegetables in the book. You can point to their names. Do you like those vegetables? Here you eaten one of these? No one would really eait a stone. Mhor vegetable and chicks like a stone? Would you wather eat a postet?	Making lists, organizing and following the sites of cooking remind your child of the stary and help his memory develop. He also learns math concepts. And, you had a special time together!
The Runaway Bunny	Tell the Story Together	Act Out the Story
by Margaret Wise Brown	Children often sure to read the same book over and ever. Ask your child questions as you need along. Or ask her to tell you the story using the pictures as a guide. Or make up your own story using the	Proteend your child's shuffed animals are having the conversation in the book. No bunnim? No problem. Use the stury to ask silly questions of the stuffed animals or other toys in the room. It might as somethins like
A little burry is bored with life at home. He decides to run away. Mother Burry has a plan to bring him home.	book as a guide. For instance: If you are a fich, then I will become a (III in the blank).	You're not a bunny! What kind of animal are pou? Are pou a fait? Are you a bird? A flower? Are you a child?
	t is learned from all of this reading and to you. You shared a book and had a conv	
TOUR CHILD REES THAT HE S IMPORTANCE	to you, you shared a book and had a conv	esation, for the something together
Visit our Family Resource Library for more activities that	🧾 🏚 😇 📰	See the next page for more great books and learning
help develop literacy.	better beginnings	activities.
Click here to visit our Resource	Lbrary. You'll find activities and tips to he	lp you prepare your child for life.

Bring Books to Life

Reading is a great way to open the doors to learning and adventure. Need to get books? Visit your local public <u>library</u> and bring that book to life with the activities included with this resource.

View Resource

View Resource

View Resource

ADDI RESC LEARNING IS FUN!







Dolly Parton's Imagination Library

Children birth through five in all 75 of Arkansas's counties are eligible to receive a free book in the mail each month from Dolly Parton's Imagination Library!





Kindergarten Readiness Tip

Help your child get kindergarten-ready by teaching them letters and words! Start with their name and go from there. Get more ways you can help prepare your child for kindergarten by downloading the Getting Ready for Kindergarten calendar.

View Calendar



Mealtime Moments Sunday, November 24

Meals are a great time to connect as a family. Join our friends at Curricula Concepts for a lunch break Zoom session to learn how you can foster positive mealtime habits and fun conversation starters to engage the whole family. Register today!





Outdoor Play & Safety Tips

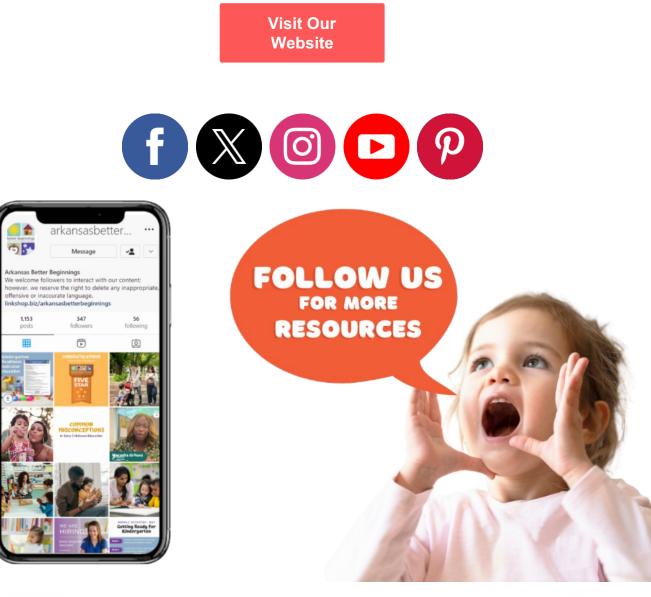
Playing outside is fun and important for your child's development. Here are five safety tips to keep in mind as your child is exploring the world around them:

- 1. **Keep an eye on your child:** By actively watching your child while they're playing outdoors, you can step in to prevent them from getting into something that could hurt them.
- 2. **Put barriers between your child and water:** If you have a pool or other container full of water, put something around it to prevent your child from falling in.
- 3. **Anchor any home playground equipment:** Make sure any home play equipment you have in your yard is secure, so it doesn't fall while your child is playing on it.
- 4. **Remove dangerous plants from your yard:** Poison ivy, poison oak, and similar plants are common in yards. Remove them using child-safe pesticides.
- 5. **Help prevent bugs:** Remove any stagnant water from your wading pools, bird baths, or other structures to keep bugs from collecting. This can help keep bug bites to a minimum.

Get more outdoor safety tips from the American Academy of Pediatrics.



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Better Beginnings is Arkansas's tiered quality rating and improvement system for child care, early education, and school-aged programs that have gone above and beyond the state minimum requirements. Better Beginnings is administered by the Arkansas Department of Education Office of Early Childhood.



Better Beginnings | OEC Attn: Better Beginnings PO Box 1437, Slot S150 | Little Rock, AR 72203-1437 US

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