



Literacy



Math



Science

Family Buzz | November 2022



A NOTE FROM KELLI HILBURN

PROGRAM ADMINISTRATOR

Fall is here! The start of a new season is always an exciting time. There's a change in the air, quite literally, with cooler weather.

Children feel it, too. They might spend more time outside or ask about the leaves changing colors. Children's natural curiosity peaks at times like this, so take advantage of that to extend their learning outside of the classroom. Encourage children to sort the leaves by their color or size, and gather and count sticks.

Anything can turn into a [math](#) lesson which is our education focus this month. Keep reading for ways to turn everyday moments into math moments. You can even [watch](#) one of the Better Beginnings staff members show you how to make music into a math lesson.

Have you wondered what [star-rated quality](#) means? Keep reading for that answer, too.

I hope in all the busyness of fall that you find time to stop and notice the changes happening around us. Doing so is always a great reminder of how far we've come since the beginning of the year. Keep that in mind as we continue [reaching for the stars](#).

Wishing you a safe and happy Thanksgiving. Until next time,

Kelli Hilburn

Kelli Hilburn
BETTER BEGINNINGS PROGRAM ADMINISTRATOR
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JOIN US IN OUR GOAL THIS YEAR TO
REACH FOR THE STARS
CLICK TO LEARN MORE






LEARNING RESOURCES

PLAY, LEARN, EXPLORE




Let's Make Music

Wait, music is math? It sure is! It's especially true when children build their own instruments as they will with this resource.

[View Resource](#)


Make it Math

Help your child learn math with these hands-on activities. Have fun because that will get your toddler counting sooner.

[View Resource](#)


Sorting Sacks

Sorting shapes and colors helps children learn to organize by "same" and "different," a skill used in math.

[View Resource](#)



ADDITIONAL RESOURCES



Sort Leaves for Kindergarten Readiness

Did you know children start sorting things around two years old? Take advantage of this natural developmental step, and encourage your child to sort the fall leaves by size, shape, and color. Check out our latest press release to learn more.

[Read the Release](#)

7 Tips for a Good Night's Sleep

Daylight saving time ended yesterday which can throw off your child's sleep schedule. View our resource for tips to help you and your child adjust to the time change.

[View the Tips](#)



What does “star-rated quality” mean?

Better Beginnings star ratings are designed to help you find high-quality child care in your area. The higher the rating, the better the quality.

You can see what is required for centers to reach each star level on our website. Check it out today!

[Star-Rated Quality](#)

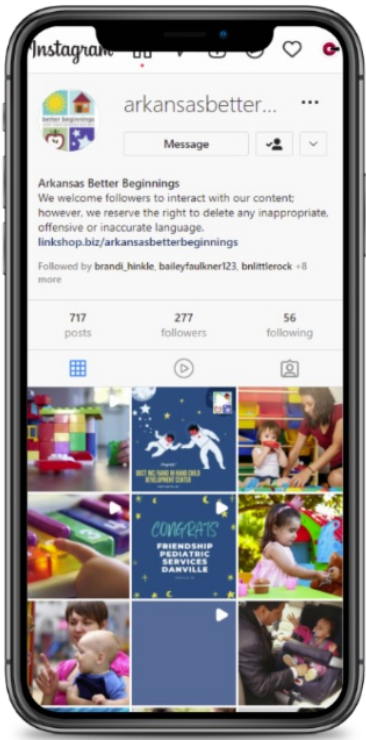
WHAT IS BETTER BEGINNINGS?



Better Beginnings means better opportunities. Investing in quality child care for all Arkansas children creates better opportunities for our children,

families, workforce, and communities.

Visit our Website



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Better Beginnings is Arkansas’s tiered quality rating improvement system for child care, early education and school-age programs that have gone above and beyond the state minimum requirements. Better Beginnings is administered by the Arkansas Department of Human Services Division of Child Care and Early Childhood Education.



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