









Summer is a time of joy for many of us. From relaxing by the pool to vacations, we can get time to enjoy our families and loved ones.

Seek out occasions when you can get uninterrupted time with your child. Those moments bring great opportunities to continue your child's learning at home. Fun, age-appropriate science experiments are great for this. They provide valuable hands-on learning experiences that tap into a child's natural curiosity about the world around them and help them reach for the stars.

Keep reading because we've included three scientific activity resources to get you started. We've also included a checklist to help you identify high-quality early care and education environments. You'll also see this month's tip to prepare your child for kindergarten, information about an upcoming parenting course, and tips for childproofing your home.

Fun experiments can make this a summer to remember. Together, you and your child can create memories that will last a lifetime.

Until next time,

Keei Hisburn

Kelli Hilburn

BETTER BEGINNINGS PROGRAM ADMINISTRATOR OFFICE OF EARLY CHILDHOOD



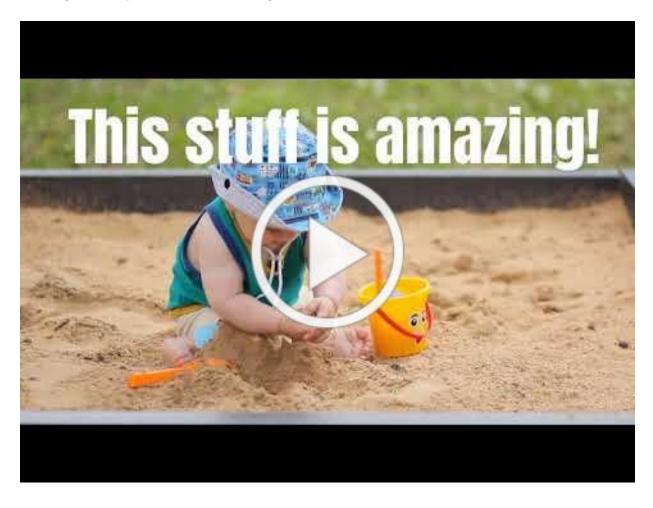
# JOIN US IN OUR GOAL TO REACH FOR THE STARS CLICK TO LEARN MORE







Infants and toddlers use touch to explore the world around them. Watch this video for ways to help them do this safely.





## LEARNING RESOURCES







### Oil & Water Experiments

Don't just tell your child that oil and water don't mix. Show them with the fun experiments in this resource.

View Resource



#### Sunflower in a Jar

Is your child asking how things grow? This is the perfect resource to provide a hands-on learning experience.

View Resource

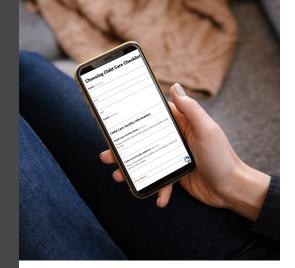


#### **Sensory Play**

Infants and toddlers explore the world through touch and taste. Use this resource as a guide to make exploration easy and safe.

View Resource





#### **Choosing Child Care Checklist**

Finding high-quality early care and education can be difficult, especially when you don't know what to look or ask for. The Choosing Child Care Checklist from our website can help! It's interactive and smartphone-friendly, making it a great tool to take with you when touring a facility.

**Check it Out** 

#### **Kindergarten Readiness**

Is your preschooler heading to kindergarten next month? Get them ready by making a plan and demonstrating what school will be like so they are prepared for the new experience.

Check out the Getting Ready for Kindergarten Calendar and our **updated Kindergarten Readiness Indicator Checklist** so you can hit the ground running in August.



**View the Resources** 



#### **Responsive Caregiving**

Tuesday, July 18 at 10 a.m.

Join our friends at Curricula Concepts over Zoom for a session designed specifically for families with infants and young toddlers. Learn how to read and respond to your child's unique cues.

Register



#### 4 Tips for Childproofing Your Home:

As infants and young toddlers get more mobile, they investigate everything around them. Here are four ways you can make your home a safer place for exploration:

- 1. Secure furniture, such as shelves, to the wall.
- 2. Put cleaning products in locked cabinets or high out of your child's reach.
- 3. Keep all medications in locked cabinets and out of reach.
- 4. Check your floors regularly for small objects as those are choking hazards.

Find more tips on childproofing your home from the American Academy of Pediatrics.



Better Beginnings means better opportunities. Investing in quality early care and education for all Arkansas children creates better opportunities for our children, families, workforce and communities.

> Visit our Website

















Better Beginnings is Arkansas' tiered quality rating and improvement system for child care, early education, and school-age programs that have gone above and beyond the state minimum requirements. Better Beginnings is administered by the Arkansas Department of Education and Office of Early Childhood.



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