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## Why share information with families?

One aspect of our partnership with families is sharing our knowledge about children's development and the resources that are available for children and families. Better Beginnings requires that providers share information with families about the topics below.

### BB Levels 2-6

- ARKids First
- Child Development
- Stages of Development
- Children's Health

### BB Levels 3-6

- Nutrition
- Physical Activity

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## Strategies for sharing information with families

- Bulletin board or other display
- Information included in your program's handbook for families
- Information included in monthly newsletters
- Handouts sent home with children
- System for families to check-out books and articles on specific topics
- Information shared during meetings and conferences

For your Better Beginnings application, you will list the ways your facility has distributed information to families in the past 12 months on the **ARKids First, Child Development, Nutrition, and Physical Activity** form. This will also be documented during your PAS program review on the **Program Review Checklist**.

Share information that is meaningful and timely with the families you serve. You can find flyers and infographics at these sites.

- ARKids First: <https://humanservices.arkansas.gov/divisions-shared-services/medical-services/healthcare-programs/arkids/>
- Center For Disease Control and Prevention: <https://www.cdc.gov/>
- GO NAPSACC: <https://gonapsacc.org/>