Family Buzz | August 2024





A NOTE FROM KELLI HILBURN

PROGRAM ADMINISTRATOR

Children are born learning. They're learning everywhere they go and with each experience they have. You can incorporate literacy learning opportunities in the most mundane activities. In a grocery store? Read signs and product labels with your child. In a car? Sing some fun songs together. These little moments help to build a solid foundation and will have your child **reaching for the stars**.

Looking for more <u>literacy</u> activities? Keep reading! This edition of *The Buzz* brings you resources with tips on increasing your child's vocabulary and cultivating their love of reading. You'll also find this month's kindergarten readiness <u>tips</u> and a <u>resource</u> to help you and your child at drop-off. We also included information about two parenting courses, car safety tips, and <u>changes</u> to a CCDF grant subsidy program that can give eligible families more access to high-quality child care.

Every moment is a learning experience for young children. Make the most of it and you'll create memories that will last a lifetime.

Until next time,

Keei Hilburn)

Kelli Hilburn BETTER BEGINNINGS PROGRAM ADMINISTRATOR OFFICE OF EARLY CHILDHOOD





Talking about a story before reading a book and acting it out makes reading fun and creates lasting memories. Watch the video below to learn more.

JOIN US IN OUR GOAL TO

REACH FOR THE STARS

CLICK TO LEARN MORE

just like in the story!



PLAY

LEARN

LEARNING RESOURCES







Word Play

Open-ended opportunities for learning through play are great ways to activate your child's natural curiosity. The ageappropriate activities in this resource are great guides for teaching your child about animals and the world around them while expanding their vocabulary.



Making Reading Fun

Reading books to your child can help them develop the ability to talk and a love of reading. Check out this resource for details on how children interact with books and how you can cultivate a love of books in your child from a young age.



Better Beginnings with Books

Not sure what books to read with your child? Check out this recommendation list, broken down by age group so you can find the books that best fit your child.

View Resource

View Resource



View Resource

Child Care Assistance Grant Changes

The Arkansas Department of Education announced changes to the CCDF subsidy program, giving more families access to highquality child care programs. These changes, which became effective on July 1, can help eligible families balance home and work life and make applying for this assistance easier.

Learn More



Kindergarten Readiness

Did you know that reading a book to your child for at least <u>10 minutes</u> every day can help them learn to speak and improve their vocabulary? You do now! To learn more, and get a list of recommended books, check out the Getting Ready for Kindergarten Calendar on the Better Beginnings website.

Learn More

Tips for Saying Goodbye at Child Care

Child care drop-off can be stressful, especially if you're establishing a new family routine. Our Saying Goodbye at Child Care resource is full of tips that can help you make those moments easier.



Get the Tips



How Children Learn Through Play

August 14, 2024

We know children learn through play but have you ever wondered how? This class will walk you through how your child's brain turns play into understanding important learning concepts. Register today to reserve your spot.

Register

Parenting with Purpose: Self-Control August 22, 2024

Register

Self-control is important for children to learn. This session will show you strategies that can help you teach your child self-control.



Car Safety Tips

We spend a lot of time in our cars. Here are three ways you can make that time safer for you and your child:

- Everyone should wear a seat belt.
- Keep your child in a car seat until they meet the recommended weight to change to a booster seat.
- When arriving at your destination, always check your back seat before locking

the car.

Find more car safety tips from the National Highway Traffic Safety Administration on their <u>website</u>.



Better Beginnings means better opportunities. Investing in quality early care and education for all Arkansas children creates better opportunities for our children, families, workforce and communities.

> Visit our Website





Better Beginnings is Arkansas' tiered quality rating and improvement system for child care, early education, and school-age programs that have gone above and beyond the state minimum requirements. Better Beginnings is administered by the Arkansas Department of Education and Office of Early Childhood.



Better Beginnings | OEC Attn: Better Beginnings 2 Capitol Mall, Box 36 | Little Rock, AR 72201 US

Unsubscribe | Update Profile | Constant Contact Data Notice



Try email marketing for free today!