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APRIL 2020

A NOTE FROM BETTER BEGINNINGS PROGRAM MANAGER DAWN JEFFREY



Parents and Families,

Now, more than ever, you are crucial to your child's education. No need to overthink it, though. We're here with you.

We know it can be stressful for your child to adjust to a new **learning-from-home** routine, especially as many of you adjust to new working-from-home routines!

One way to make the most of learning at home is by using resources with hands-on activities. Make learning fun! Take your **science** lesson

outside, talk **math** while cooking together or enhance **story time** with art.

At <u>Better Beginnings</u>, we are committed to providing the highest quality of early child care possible, and this is a great way to maintain that quality of learning at home. <u>Learning through play</u> is the best way for your child to learn!

Here's a literacy resource to get you started.

Dawn Geffrey

Dawn Jeffrey M.S. E.

Division of Early Child Care and Early Childhood Education Program Manager for Better Beginnings

LEARNING AT HOME RESOURCE | LITERACY
BRING BOOKS TO LIFE!

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BROWN BEAR, BROWN BEAR, WHAT DO YOU SEE?

Bring books to life with this new literacy resource. Read this classic story together, and act out the animals as you go! You'll also find fun art activities to help you keep the story alive.

Find more here in our Family Resource Library!



CARING FOR YOUR CHILD THROUGH COVID-19

Check out this resource from the CDC to learn how to talk germ prevention with your child and keep your family healthy!



COPING WITH STRESS THROUGH COVID-19

Scroll to the parents' section of this <u>CDC</u> resource to learn how to help your child cope with the stress of COVID-19.

What is **Better Beginnings?**

Visit our website to find out.

OR, check us out on social media.

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Better Beginnings is Arkansas's quality rating improvement system for child care, early education and school-age programs that have gone above and beyond the state minimum requirements. Better Beginnings is administered by the Arkansas Department of Human Services Division of Child Care and Early Childhood Education.



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