



THE FAMILY CONNECTION

Activity #29 “Let’s Go Back and Forth”

You will need: You and your toddler and time to play

Before you begin:

- Talk with your child about a game the two of you will play; a game called “Back and Forth.”

Try this!

- Sit on the floor, facing your child, with legs apart.
 - Hold your child’s hand and lean backwards as your child leans forward.
 - Lean forward as your child leans backward.
 - Try to get a rhythm to your rocking as you say “*back and forth,*” “*back and forth.*”
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Play “Row, Row, Row Your Boat”

- Add variety to the game by singing a song as you go back and forth.
- Sing this familiar song

Row, row, row your boat
Gently down the stream.
Merrily, merrily, merrily, merrily,
Life is but a dream.



Connect with your child’s caregiver!

- Share this game with your child’s caregiver. Tell her how much you and your child enjoyed the activity.
- Offer to show her how the game is played if she is not familiar with it.

Book

Row, Row, Row Your Boat by Annie Kubler. Child’s Play International Ltd; Board edition. 2003.