

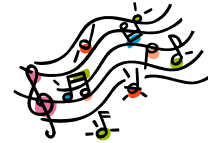
THE FAMILY CONNECTION

Activity #27 "If You're Happy and You Know It"

You will need: You and your toddler
The words to the song

Before you begin:

- Learn the words to the song listed below



Try this:

- Tell your child the two of you are going to sing a song about feelings.
- Join with your child in singing the song and making the motions and facial expressions

"If You're Happy and You Know It"

If you're happy and you know it, clap your hands (you and child clap hands)
If you're happy and you know it, clap your hands (clap)
If you're happy and you know it,
Then your face will surely show it (you and your child make a "happy" face)
If you're happy and you know it, clap your hands (clap)

Families: Continue with the verses listed below. Follow the pattern for verse one. Be creative. You and your child make up additional verses.

- If you're angry and you know it, stomp your feet (You and your child stomp feet) (Make an angry face)
- If you're sad and you know it, cry, "boo hoo." (Pretend to cry and rub your eyes) (Make a sad face)
- If you're scared (or frightened) and you know it, yell, "I'm scared" (Yell "I'm scared!") (Make a scared face)
- If you're proud and you know it, do like this. (Shoulders back, thumbs under arm pits) (Make a proud face)

Connect with your child's caregiver.

If you don't know the tune to this song, ask your child's caregiver to sing it for you.

Book

If You're Happy and You Know It by Annie Kubler. Child's Play International Ltd; Board edition. 2001.