## <u>Directions for Developing Weekly Activity Plans for Toddlers (18-36 months)</u> for Adventures for Toddlers Topics of Study

MINIMUM LICENSING REQUIRMENTS FOR Child Care Centers (Rev. 01/01/15) has the following requirement: 400 Program

## 401 Program Requirements for all ages

5.a. The facility shall have an approved curriculum with weekly activity plans appropriate for the developmental needs of each group of children.

Adventures for Toddlers is an Arkansas approved curriculum for children from 18 to 36 months. The curriculum features 30 Topics of Study in 8 Focus Areas. Six plan sheets are included in this handout to use as guides when developing Weekly Activity Plans for your children.

- Two (2) are examples of blank plan sheets. Each is formatted differently.
- Two (2) are samples of completed plan sheets for young toddlers for the Topic of Study, My Name I'm Growing. Each is formatted differently.
- Two (2) are samples of completed plan sheets for older toddlers for the Topic of Study, My Name I'm Growing. Each is formatted differently.

Consider these two options when developing your Weekly Activity Plans:

- **Option #1**: Use Weekly Plan Sheet #1, which is the blank Adventures for Toddlers Weekly Plan Sheet. Complete the plan sheet to meet the needs of your children and your program.
- **Option #2:** Use Weekly Plan Sheet #2 which is designed for programs choosing to use the Adventures for Toddlers curriculum, but not the prescribed Weekly Activity Plan Sheet format.

**Teacher Note:** Prior to developing any of the Plan Sheets, review the Adventures for Toddlers Tips and Techniques. This will give you background information about all of the sections to be completed on the Plan Sheet.

**Teacher Note:** You may also choose to develop your own Weekly Activity Plan Sheet format using the two options presented here as guides.

## Here are the steps to follow as you develop Plan Sheet #1 or #2:

- 1. Select a Focus Area and a Topic of Study from that Focus Area that you would like to use with your children; for example, Focus Area #1 About Me Topic of Study: My Body.
- 2. Review the curriculum guide for that Topic of Study
- 3. Make a list of the featured books you have available for that Topic of Study, as well as books you plan to purchase or check out from your local library. Add the books you plan to make.

Teacher Note: You may want to list all of the books you have available for the selected Focus Area.

Title	Author/Illustrator	Have Available	Can Purchase	Check Out from Library

4. Make a list of the materials you have available or can make or purchase to support the Topic of Study. Refer to the Materials to Collect and Make section of the Curriculum Guide for ideas.

**Teacher Note:** You may want to list all of the materials you plan to have available for the Focus Area.

Materials	Have Available	Can Make	Will Purchase

- 5. Begin to develop the Plan Sheet by highlighting or circling the Areas you have available in your classroom. The Areas are listed at the top of the Plan Sheet.
- 6. List under each Area the materials you have available or can make or purchase that relate to the selected Topic of Study; materials you plan to use with the children.
- 7. List for each day of the week the language experiences you plan to include.
  - Read at least one book to children each day. Remember that the same book can be read to
    children several times during the week. The Curriculum Guide usually includes more than one
    reading of each featured book.
  - Include other language experiences such as telling stories with visuals, singing songs, playing games, and saying Mother Goose rhymes, finger plays and poems.
- 8. Continue to complete the Plan Sheet, one section at a time, choosing activities from the Curriculum Guide.
- 9. Include Physical/Movement/Gross Motor Activities each day. Licensing Requirements require the following:
  - 401.4 Program requirements for all ages
  - 4. There shall be a total of 30 minutes per day of moderate to vigorous physical activity. This could be included in outdoor play time if it meets this criteria. See Division web-site.

**Teacher Note:** Most Topics of Study include Movement and Gross Motor Experiences

**Teacher Note:** Refer back to the Adventures for Toddlers Tips and Techniques if you need help in completing any of the sections of the Weekly Activity Plan Sheet.

**Reflection:** After you have used the Weekly Activity Plan with your children, spend time evaluating the activities that worked, didn't work, and the adjustments and changes you can make during future planning.