

4. Make a list of the materials you have available or can make or purchase to support the Topic of Study. Refer to the Materials to Collect and Make section of the Curriculum Guides for ideas.

Teacher Note: *You may want to list all of the materials you have available for the Focus Area.*

Materials	Have Available	Can Make	Will Purchase

5. Begin to develop the Weekly Activity Plan by identifying the learning centers you provide for children on a daily basis and circle the centers on Plan Sheet #1 or add the names of those centers to Plan Sheet #2.
6. List under each Center the materials you have available or can make or purchase that relate to the selected Topic of Study; material that you plan to use with children during the week.
7. Begin to complete the Weekly Activity Plan Sheet by listing for each day of the week the Group/Circle Time activities you plan to include.
 - Read at least one book to children each day. Remember that the same book can be read to children several times during the week. The Curriculum Guide includes more than one reading of each featured book.
 - Include other language experiences such as telling stories with visuals, singing songs, playing games, and saying Mother Goose rhymes, finger plays and poems.
 - Keep in mind that you can have more than one Group/Circle Time each day. Remember to keep these times short; from 10 to 20 minutes.
8. Continue to complete the Weekly Activity Plan Sheet, one section at a time, choosing activities from the Curriculum Guide.
9. Include Physical/Movement/Gross Motor Activities each day. **MINIMUM LICENSING REQUIREMENTS FOR Child Care Centers (Rev. 1.1.15)** has the following requirement:
401.4 Program requirements for all ages
4. There shall be a total of 30 minutes per day of moderate to vigorous physical activity. This could be included in outdoor play time if it meets this criteria.

Teacher Note: *Many of the Topics of Study include Movement/Physical Education activities. Refer to Books and Movement – A Magical Mix (B.A.M.M.M.!) for additional ideas. B.A.M.M.M. can be found on the Division/Better Beginnings web-site.*

Teacher Note: *Refer back to Adventures in Learning Tips and Techniques if you need help in completing any of the sections of the Weekly Activity Plan Sheet.*

Reflection: After you have used the Weekly Activity Plan Sheet with your children, spend time evaluating the activities that worked, didn't work, and the adjustments and changes you can make during future planning.

Teacher Note: *You may choose to use the Weekly Activity Plan Sheet for another Arkansas approved curriculum.*