

MAKE + DO

From the Better Beginnings Family Resource Library



Better with Books – reading suggestions for all preschool ages.

Making Their Mark – make a “Feed the Frog” game, cereal trees and get more activities that help build the fine motors skills needed for writing.

What Do You See? Based on the classic *Brown Bear, Brown Bear, What Do You See?* Teach your child colors, shapes and animals. Help your child make his own collage or potato print – instructions and recipes included.

LITERACY COLLECTION. Find out what it takes to raise a reader, boost your baby’s language skills and improve your toddler’s brain development.

3 Paths to Math. See how children learn math when you build it, bake it or book it together.

Play the Way to Math Skills. Make a numbers tray and get more activities for learning math through play.

Simon Says Roll shows how to make your own math game from household items. It’s fun for the whole family!

MATH COLLECTION. Ease your child into math skills while having fun and playing games. See how using math words paves the way to understanding.

Playdough Power helps your child learn about science and math with this simple, no-cook recipe.

Let’s Make Music. Get instructions to make a guitar, kazoo and rain stick from household items. Watch the brief [videos on our YouTube channel](#).

Rainstorm in a Jar. Discover some weather facts and have big fun when you experiment up a storm. See our [30-second video!](#)

States of Matter features a two-ingredient slime recipe and a gooey cornstarch experience you’ll enjoy. See the [SIMPLE SLIME SLIDESHOW](#).

SCIENCE COLLECTION. More activities and recipes await your discovery.



There is more!

Click here to view the entire Family Resource Library.

You’ll find dozens of activities and experiments, recipes for goop to glue, taste-safe playdough and paint, sensory play and more.



You also get tips for picky eaters and other behaviors, outdoor learning fun, kindergarten readiness and insights into how children learn through play.

better beginnings
EVERY CHILD DESERVES OUR BEST

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