



The Very Hungry Caterpillar

by Eric Carle

One day a caterpillar hatches from an egg on a leaf. He is very hungry. He eats and eats until he becomes a big caterpillar. His adventures tell the story of becoming a butterfly.

Act Out the Story

Talk about the story before you begin. How do caterpillars move? Stretch out on the floor and pretend to be a caterpillar.

As you read, talk about what the little caterpillar eats. *What is that? What color is that? Would you eat that?*

When the caterpillar eats too much, roll around on the floor and pretend your belly hurts.

Roll up in blankets to make your own cocoons. Emerge as beautiful butterflies! Stretch your wings and fly around the room!

Make a Watercolor Butterfly

You'll need:

Paper plates • Food coloring
A cup of water • Cotton balls
Cotton swabs • Markers • Scissors
Tongs • Tape • Paper towels

How it's done:

1. Pass the back of the paper plate under running water.
2. Place the plate on newspapers to catch overflow water and color.



3. Drip several drops of yellow food coloring on the smooth part of the plate. Yellow makes a good base.
4. Add a few drops of blue and green or red, but not both.
NOTE: Red turns green into brown.
5. Use a cotton ball or piece of clean sponge soaked in water to drip water on the color spots.

Note: food coloring stains everything. Protect clothing and work surfaces.

Continue to drip water until the top (smooth surface) is covered.

Shake or tilt the plate to help spread the color. Pour excess water into a trash can. Set the plate aside to dry.

6. Trim the ridged, outer edge off the dry plate. Draw a circle using an inverted bowl to make a circle for the final trim.
7. Fold in half.
8. Cut triangles at the top, bottom and side like this. Round the edges.
9. For the antennas, color cotton swabs (Q-tips) with markers and tape to the back of the butterfly.



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