



June 30, 2017

## **Better Beginnings Continues Spanish Translation of Family Resource Library**



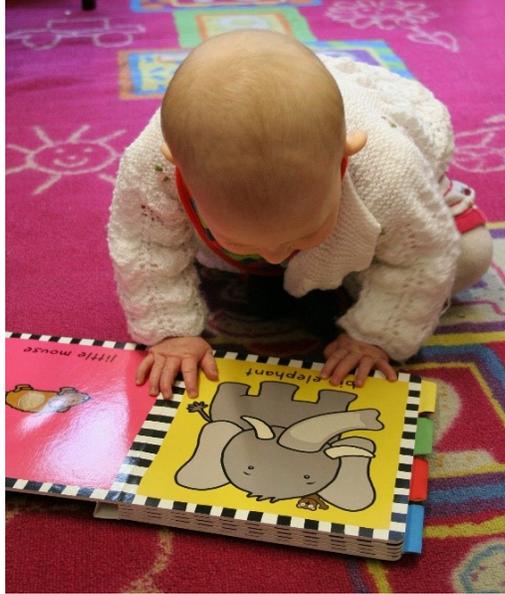
In February, we announced the translation of the Family Resource Library to Spanish. Through work with a local translator, we have successfully translated nearly 25 resources with tips for parents, new and experienced, for everything from choosing child care to education tips for helping your child learn through play and exploration.

As we create new resources for Arkansas families, Better Beginnings will have a Spanish version available. Click [here](#) to view the latest additions to the Biblioteca de recursos en Español.

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## **How To: Make Story Time the Best Time with Your Little Reader**

Did you know you can start raising a reader the day you bring your baby home?



Through quality face time, singing and talking, you are teaching your little one about language and helping develop their communication skills. Children whose parents spend quality time talking to them when they're a baby understand up to 300 words by the time they are 2.

The latest addition to the family resource library is our *Raising a Reader* resource with tips for parents who have children age infant to preschool. Keep an eye out for the Spanish version to hit the website this month.

This new resource is full of tips for parents to develop language and communication skills. The resource also teaches milestones for guidance. Finally, we offer a resource to help choose books for newborns and infants. Better Beginnings with Books features nearly 40 books, some you may remember from when you were a child. You can download the printable PDF [here](#).

For more ways to raise a reader, visit the [literacy](#) section of our family resource library.

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## Rain or Shine, Outdoor Play Inspires Discovery and Exploration



Are you and your kiddos starting to experience cabin fever? Better Beginnings' Family Resource Library is filled with tips for outdoor exploration.

Playing with your kids outdoors is fun and beneficial for both children and parents. Check out these [18 simple ways](#) to interact with your children while outside and see how many additional ways you can find to help your child learn from the great outdoors.

\*Collect leaves, acorns, pecans or pine cones. Compare the items in

your collection. Do they all look alike? What differences do you see?

\*Plant some seeds and watch them grow.

\*Lie on your back in the grass and watch the clouds. Use a pencil and paper to sketch the cloud shapes that you see. What do these shapes remind you of?

\*Sit quietly on the ground and watch ants. (Be sure these are not fire ants!) Sprinkle bread crumbs on the ground and watch what happens.

[Click here to visit our Family Resource Library](#) and discover more ways to explore the outdoors with your child this summer.

## Stay in Touch with Better Beginnings

