



September 28, 2017

DEADLINE ANNOUNCED FOR TRANSITION OF TAPP TO PDR

Last month, [Traveling Arkansas' Professional Pathways](#) announced they were transitioning to the [Professional Development Registry](#). Earlier this week, PDR announced **the deadline for registration is October 31.**

Here are a few tips to help you make the switch.

- Register by October 31
- Complete the application in one sitting
- Contact your instructor if you registered for classes in early November through TAPP



REVISED CREATIVE ADVENTURES WITH LITERATURE ADDED TO ARBETTERBEGINNINGS.COM



The collection of curriculum that introduces literature and the creative arts to preschool-age children has been revised to meet the latest standards adopted by the Arkansas Early Childhood Commission.

When [Creative Adventures with Literature](#) (CAL) was originally added to [Better Beginnings](#), it was a single document that was difficult to use. With the revision, the CAL curriculum is conveniently separated into 14 free, downloadable sections featuring the work of well-known artists.

- [Three Little Pigs](#)
- [The Tale of Peter Rabbit](#)
- [The Lady with the Alligator Purse](#)

CAL provides visual and interactive experiences that will pave the way for high

achievement with creative and aesthetic learning.

[Download the revised curriculum and start teaching your students about well-known writers and illustrators today.](#)

TALK SAFETY WITH YOUR CHILDREN

10 Family Rules for Safety

Your baby is growing up. Every day he gains more control of his life and you lose a little more. You can't always hold him, but you can teach him the skills that will help keep him safe for life.

The best way to keep your child safe is to help him develop good judgment. Here are some family rules for raising confident children that know how to be safe.



- 1. Talk to your child every day and listen.**
Eye-to-eye conversation keeps you connected and builds cooperation and trust.
- 2. Let him know that your family does not keep secrets.**
Make sure he knows he can talk to you about anything, and no matter what happens, you will always love him.
- 3. Always listen to your child.**
Children who believe they are taken seriously have higher self-esteem. These children are more likely to speak up to protect themselves in a bad situation.
- 4. Make sure your child knows that any part of his body that is covered by a swimsuit is private.**
NO ONE has a right to touch a child in ways that make him or her uncomfortable.
- 5. Make sure your child knows how to and is not afraid to reach out to you or to the police if he feels in danger.**
- 6. Teach him that it is better to be safe than to be polite.**
If he is in a situation that scares him, he should call for help.
 - If a stranger tries to take him, he should shout, "Help! This is not my parent!"
 - If someone touches him in a way that makes him uncomfortable, he should shout "No!"
 - If he is uncomfortable when at a friend's house, he should call you to pick him up.
- 7. Talk to your child about bullies.**
Tell him how to defuse the situation. Make sure he knows to walk away and say, loudly enough for anyone nearby to hear, "I won't let anyone abuse me." "Abuse" is a word with sexual connotations that can embarrass a bully. Assure him there is no shame in being afraid of bullies. He should walk away or ask an adult for help.
- 8. Never leave your child with a person you don't know and completely trust.**
When you do leave your child, be sure the caregiver knows your family rules. Explain family rules for everything including diet and handling misbehavior.
- 9. Model good judgment and share your decision making process with your child from a young age.**
Making mindful decisions is a learned skill, one that you can teach.
- 10. Remember, the best way to help keep your child safe is to help him develop good judgment.**



Click here to visit our Resource Library. You'll find activities and tips to help you prepare your child for life.

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Although September and Safety Preparedness Month are coming to a close, anytime is a good time to discuss family safety rules with your children.

As children get older, they independently take on everyday tasks like walking or getting into the car. The best way to make sure your child is safe at all times is to talk to them regularly about safety.

These conversations will help your child feel secure and confident and develop good judgment when you aren't holding their hand.

Our [Family Resource Library](#) has [10 family rules](#) to help start the

conversation with your child about safety. A safe child is a healthy and happy child. And if you'd prefer the rules in Spanish, you can download it [here](#).

Remember to listen to your child when discussing family safety rules. It will help increase their self-esteem and chances of speaking up if they feel they are in a bad situation.

To learn more about Better Beginnings and the resources available, [visit our website](#).

Stay in Touch with Better Beginnings

