



February 22, 2017

Easy-to-Make Playdough Recipe

Did you know making playdough helps your child learn math and science? Not only is measuring, mixing, and rolling playdough a fun activity to do together, it teaches children cause and effect.



Ask your child these questions while you are making playdough:

- Will playdough roll like a ball?
- Does it float?
- What happens if you add sand to your playdough?
- What happens if we add water?
- What colors mix to make purple?

Before your child starts making playdough, be sure you have a bowl, measuring cups and a ziplock bag. This easy-to-make playdough recipe only take 5 minutes.

Recipe:

Ingredients

1 cup salt
2 cups flour
1 tablespoon vegetable oil
1 cup cold water
3-5 drops food coloring

Directions

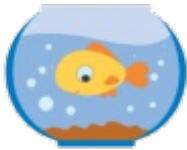
Step 1: In bowl, mix salt and flour.
Step 2: Add food coloring to water to make a bright color.
Step 3: Add water to dry ingredients.
Step 4: Mix in oil and knead until smooth. Sprinkle on more flour if it is too sticky.
Step 5: Remove from bowl and let the fun begin!
Step 6: Store covered or in a ziplock bag in the refrigerator.

To download this recipe, view [Playdough Power](#).

Providers and Teachers: Better Beginnings has added *Focus Area #6 - Animals in Our World* and *Focus Area #7 - Things that Grow* curriculum and supplements to the website. You can find these focus areas under [Adventures in Learning](#) and [Adventures for Toddlers](#). Click the links below to view these free resources that can be used in your classroom.



[Adventures in Learning](#)



[Adventures for Toddlers](#)

Spanish Resource Library for Families



Better Beginnings has created a library of Spanish-language resources for Arkansas families. This educational library includes more than 20 individual resources with checklists for choosing childcare, developmental milestone trackers and everyday activities that promote early learning.

To download and view these resources, [click here](#).

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